

What is Moral Injury?

“...regarding the experience of war [and military service], “moral injury” refers to the lasting emotional, psychological, social, behavioral, and spiritual impacts of actions that violate a service member’s core moral values and behavioral expectations of self or others (Litz et al., 2009). “



When treating a moral injury, a lot of emphasis is placed on treating the individual.

However, the family system plays an intricate part in the healing process that should be addressed.

A moral injury can disrupt family systems and functional routines which can slow the healing process or cause the individual longer time in healing.

It is vital to include the family and community in the continuum of care for people dealing with a moral injury.

In this workshop, we will show the journey of several individuals and how their families played an instrumental role in their recovery from moral injuries.

Harris County VSD

We advocate for veterans and their dependents in Harris County. In some cases, we reach out to them in-person.

We provide assistance to veterans and their dependents regarding compensation, pension, medical, educational, insurance, and death benefits.

We assist veterans and their dependents in obtaining important documentation needed to apply for benefits.

Contact Us

Phone: 281-876-6600

Email: vsdinfo@harriscountytexas.gov

Web: www.harrisvets.com



MORAL INJURY FAMILY WORKSHOP

Harris County
Veteran Services
Department

2929 McKinney St.
Houston, TX 77003

Sept 28th, 2023



MORAL INJURY FAMILY WORKSHOP

An evening of healing.

Perspective Speakers:



Military

Ivan Ramirez, a former U.S. Marine infantryman and private military contractor recounts

some of his hardest moments in combat, and how he recovered and re-integrates into the society with troubled memories.



Law Enforcement

Law Enforcement Officer Cara Schneider speaks about the difficulties on juggling her professional life's

many difficult moments, pressing on with a community that she serves and supporting a family of her own.



Family/ Spouse

Kori Sherer talks about many of the difficulties supporting her law enforcement husband's moral injury struggles

after violent firefights, and near-death experiences. She talks about what helped her as someone who from a military family and what was hard to translate between military and law enforcement struggles in Moral Injury and Post Traumatic Stress.

To Solve a Challenge.

Moral Injuries are a recently recognized phenomenon. While Moral Injury is rarely addressed by the root causes, it is linked to veteran suicides.

Learning how to recognize Moral Injuries is a first-step into preventing a portion of veteran suicides before they progress to that point.

"Our veterans put their lives on the line for a better future of our community.

It's time we invest in healing their past. "

- Dave Lewis, VSD Director

Agenda

- 1630 - Event Begins
- 1645 - Dinner
- 1700 - Keynote Speaker Conference Room
- 1700 - Children's Activities Classrooms A/B
- 1800 - Veteran Panelist Discussions
- 1930 - Closing Remarks

Moral Injury Family Workshop



Come join us!

Sept 28th, 2023,
4:30 pm-7:30pm

[www.careforce.us/
moral-injury-092823/](http://www.careforce.us/moral-injury-092823/)

Local Resources:

The Harris Center – MCOT

sarah.strang@theharriscenter.org
www.TheHarrisCenter.org
Crisis Line: (713) 970-7000 (opt. 1)

Hero Program

Veteran residential treatment program for substance abuse and mental health including PTSD/ Moral injury
www.heroprogramnb.com

TVC | Veteran's Mental Health Dept.

Community and Faith-Based Program
<https://veteransmentalhealth.texas.gov>
(469) 763-1337
John Wilson (Lt. Col., USAF Ret.)

CAREForce

<http://careforce.us>
3915 West Davis Road | STE 130-306 |
Conroe, TX 77304

PTSD Foundation of America

<https://ptsdusa.org/>
877-717-PTSD (7873)

Memorial Christian Counseling Center

www.memorialchristiancounseling.com
832-649-3562